

## **4/4/23 "Back Injuries in Pediatric Athletes"**

Presented by: Rhonda A. Watkins, MD, MPH

Primary Care Sports Medicine Specialist  
UCSF Benioff Children's Hospital Oakland

*Planners expect learners to:*

1. List common causes of back pain in children.
2. Identify indications for diagnostic imaging and therapeutic interventions for children with back pain.
3. Describe sport-specific considerations for back pain.
4. Provide return to sport guidance for athletes with overuse related back pain.

## **4/11/23 "Minority Stress and the Medical Professional: How Minority Stress Affects Mental Health"**

Presented by: Chase Anderson, MD

Associate Professor in Child and Adolescent Psychiatry  
UCSF School of Medicine

*Planners expect learners to:*

1. Specify at least three ways in which minority stress affects mental health.
2. Assess how minority stress can affect minoritized trainees and faculty in the medical system.
3. Identify at least three ways in which we can make academic environments safer for minoritized individuals.

## **4/18/23 "Healthcare Sustainability: A Call to Action"**

Presented by: Hilary Ong, MD, FAAP

Pediatric Emergency Care Physician  
UCSF Benioff Children's Hospital San Francisco

*Planners expect learners to:*

1. Describe healthcare's contributions to climate change.
2. Describe the health impacts from healthcare pollution on patients and communities.
3. Explain how clinicians can engage in and lead environmental stewardship at the bedside.

## **4/25/23 "Demystifying the MABs: Immunomodulators for the Treatment of Rheumatic Conditions"**

Presented by: Erica Lawson, MD

Pediatric Rheumatologist  
UCSF Benioff Children's Hospitals

*Planners expect learners to:*

1. Distinguish between biologic and non-biologic immunomodulators.
2. Develop an approach to immunosuppression for the management of juvenile idiopathic arthritis (JIA), taking into account family needs, culture and preferences.
3. Develop an approach to immunosuppression for the management of systemic lupus erythematosus (SLE), taking into account family needs, culture and preferences.

**Grand Rounds is by Zoom only. 8-9 am. Contact [cristina.fernandez@ucsf.edu](mailto:cristina.fernandez@ucsf.edu) for log-in information**

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For CME credit, evaluations must be completed and sent to [Cristina.Fernandez@ucsf.edu](mailto:Cristina.Fernandez@ucsf.edu) by 12pm the Friday after Grand Rounds.